

**September 2023 Group Fitness Instructor Schedule**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1) 8:15- Dolores 9:30- Dolores	2) 7:15- Maddy 8:30- Johnny
3)	4) Closed for Labor Day	5) 6- Johnny 8:15- Maddy 9:30- Maddy 4:45- Mindy 6- Susan	6) 6- Mindy 8:15- Maddy 9:30- Dolores 5:30- Johnny 6:30- Dolores	7) 6- Mindy 8:15- April 9:30- Dolores 4:45- Meredith 6- Mindy	8) 8:15- Dolores 9:30- Dolores	9) 8- April 11- Mommy & Me Pop Up Event
10)	11) 8:15- April 9:30- April 4:30- Dolores 5:30- Dolores	12) 6- Alex 8:15- Dolores 9:30- Johnny 4:45- Mindy 6- Johnny	13) 6- Mindy 8:15- Alex 9:30- Dolores 5:30- Susan 6:30- Dolores	14) 6- Alex 8:15- April 9:30- Dolores 4:45- Meredith 6- Mindy	15) 8:15- Dolores 9:30- Dolores 5- Girls Night Out Event	16) 7:15- Maddy 8:30- Johnny 9:30- Maddy
17)	18) 8:15- April 9:30- April 4:30- Maddy 5:30- Maddy	19) 6- Johnny 8:15- Sara 9:30- Maddy 4:45- Mindy 6- April	20) 6- Mindy 8:15- Maddy 9:30- Dolores 5:30- Johnny 6:30- Dolores	21) 6- Mindy 8:15- Sara 9:30- Dolores 4:45- Meredith 6- Mindy	22) 8:15- Dolores 9:30- Dolores 5:30- Pound Pop Up Event	23) 7:15- Maddy 8:30- Johnny 9:30- Embracing HER Story Pop Up Event
24)	25) 8:15- April 9:30- April 4:30- Maddy 5:30- Maddy	26) 6- Maddy 8:15- Sara 9:30- Sara 4:45- Mindy 6- Johnny	27) 6- Mindy 8:15- Maddy 9:30- Dolores 5:30- Maddy 6:30- Maddy	28) 6- Maddy 8:15- Sara 9:30- Dolores 6- Mindy	29) 8:15- Dolores 9:30- Dolores	30) 8- Zodiac Pop Up Event